

In the Know With the CNO

Kelli Sadler, MHA, RN | Chief Nursing Officer



I'm very excited to be here at Corewell Health East and honored to be your chief nursing officer. Thank you for the warm welcomes. I look forward to meeting and partnering with all of you. Over the next several months, I plan to visit all Corewell Health East hospitals and as many of our outpatient and skilled nursing campuses as possible.

In the meantime, I'd like to share a little bit about myself by answering some questions I've been asked.

What inspired you to come to Corewell Health and move to Michigan?

I've been a nurse for 28 years and served in many roles including bedside nurse, Nursing supervisor, assistant nurse manager, nurse manager, corporate manager for Risk Management, Nursing director and chief nursing officer. I have family here and first came to Michigan in 2017. I visited again last September and was impressed with Detroit — the history, the music (anyone else a Motown fan?), the cars and all the work being done to revitalize Detroit.

I heard about the reputation of legacy Beaumont Health in delivering excellent patient care. I also heard about the exceptional reputation of the nurses, as six of eight hospitals have received the distinct honor of Magnet designation and jumped at the opportunity to join this amazing team. In mid-January, I moved to Michigan from North Carolina.

Why is Nursing wellness important to you?

If we don't take care of ourselves and practice self-care, we don't have anything to give to others. It's vitally important that we get enough rest, eat healthy, exercise, drink water and take time to step away from the bedside and enjoy some downtime outside of work, so we can care for patients when we are at work.

I'm learning we have many wellness resources available to support Nursing team members, such as a variety of [offerings from Bwell](#), (found in the Health & Wellness drop-down menu on *experience*Beaumont), including [eM Life](#) and [nutrition programs](#). Additionally, there are numerous fitness options and other discounts available on our [Employee Discount Platform](#). I encourage you to check these out.

What's your leadership style?

I'm a big communicator and love face-to-face communication as much as possible. I'm excited to round, meet you in person and get to know what's important to you. If you see me at your campus, please take the time to say hello and introduce yourself as I would really enjoy the opportunity to get to know you.

Tell us about your family and your hobbies.

I'm a proud mom to two sons — Kennedy, age 22, who is a senior at North Carolina Central University, and Kameron, age 19, a junior at UNC-Charlotte. We have a sweet 12-year-old Jack Russell terrier named Diamond.

I love music, sports, travelling and enjoy home decorating. I look forward to continuing to build on the innovative nursing practices here at Corewell Health East, while reinvigorating our commitment to ensuring the patients and communities we serve consistently receive compassionate care.

Finally, I'd like to express my gratitude to Anne Stewart, RN, for doing an outstanding job as interim chief nursing officer. Anne has shared with me a lot of the great work the Nursing team has accomplished and will remain a vital part of our Nursing leadership team as the chief nursing officer of Corewell Health's Beaumont Hospital, Royal Oak, which is becoming William Beaumont University Hospital.

I look forward to our continued partnership and hope you have a wonderful week.

Warm regards,

A handwritten signature in cursive script that reads "Kelli". The signature is written in black ink and is positioned below the text "Warm regards,".